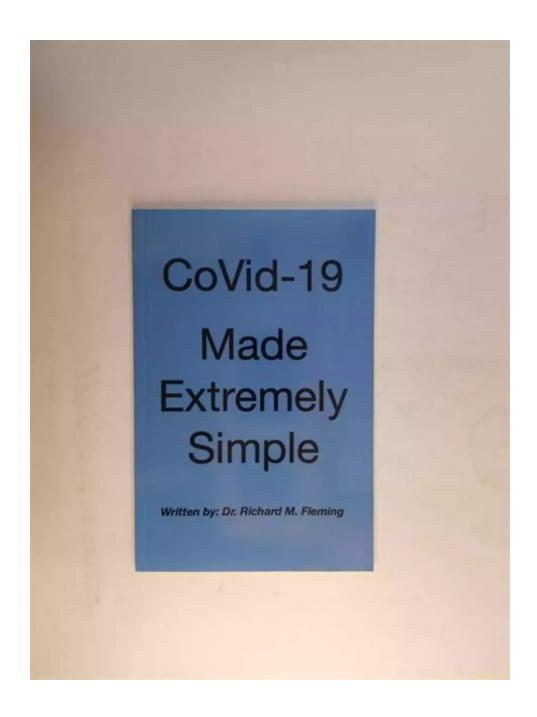
# **Covid 19 Made Extremely Simple: Unmasking Covid**



2020 has been an unprecedented year for the world due to the outbreak of Covid-19, a highly contagious virus that has taken the lives of millions. With the rapid spread of the virus and various conspiracy theories circulating, it's

crucial to simplify the complex science behind Covid-19 to understand its dangers and take appropriate measures.

In this article, we aim to unmask Covid-19 and provide essential information along with practical tips to stay safe during these challenging times.



#### CoVid-19 Made Extremely Simple (Unmasking CoViD

**Book 6)** by Dr. Richard M. Fleming(Kindle Edition)

 ★ ★ ★ ★ 4.2 out of 5 Language : English : 6872 KB File size Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 19 pages Lending : Enabled



#### **Understanding Covid-19**

Covid-19, short for Coronavirus Disease 2019, is caused by a novel coronavirus known as SARS-CoV-2. It primarily spreads through respiratory droplets when an infected person coughs, sneezes, or talks. The virus can survive on surfaces for varying durations, making proper hygiene and sanitation crucial.

Common symptoms of Covid-19 include fever, cough, fatigue, loss of taste and smell, body aches, sore throat, and difficulty breathing. However, it's

important to note that some individuals may remain asymptomatic, which makes early identification and testing vital.

#### **Prevention and Safety Measures**

The key to preventing the spread of Covid-19 lies in following safety measures recommended by health authorities:

- Wear a mask: Covering your nose and mouth with a mask helps prevent respiratory droplets from spreading. Choose a mask that offers proper filtration and fits snugly.
- 2. Maintain social distancing: Keep a safe distance of at least 6 feet from others, especially in crowded places.
- 3. Wash your hands frequently: Use soap and water or an alcohol-based sanitizer to clean your hands regularly, especially before and after touching common surfaces.
- 4. Avoid touching your face: Your hands may come into contact with the virus, so refrain from touching your face to minimize the risk of transmission.
- 5. Cover coughs and sneezes: Use a tissue or your elbow to cover your mouth and nose while coughing or sneezing, disposing of the tissue immediately.
- 6. Stay home if sick: If you experience any Covid-19 symptoms, isolate yourself, and seek medical assistance.

#### **Impact on Society**

The Covid-19 pandemic has had far-reaching effects on society as a whole. It has disrupted economies, closed businesses, and led to job losses. The

education sector has also been greatly impacted, with schools and universities shifting to online learning platforms.

Moreover, the pandemic has highlighted the disparities in healthcare systems and exposed the vulnerabilities of certain communities. Efforts to provide equitable healthcare access and develop effective vaccines are underway, with scientists and healthcare workers working tirelessly to combat the virus.

### The Road to Recovery

As the world grapples with the ongoing pandemic, it's essential to stay informed, follow guidelines, and support one another during these trying times. By taking precautions and following safety measures, we can all contribute to tackling the spread of Covid-19.

We must remember that the battle against Covid-19 is a collective effort, and by working together, we can bring an end to this unprecedented global crisis.



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The Purpose of this Book. Many people feel overwhelmed by all the information they hear about CoVid-19. You are worried about getting CoVid and you are worried about what will happen if you become infected or if someone you love becomes infected. I also understand that for many people, science was never their strength, so this book is written for the general public. As such the real scientists and physicians reading this may think it is too basic for them; however, based upon what I am seeing, I think this book is a good place for many of the scientists and physicians to begin as well. This book is a brief look at CoVid-19. Where it came from: what tests to get and when; how to reduce your risk of catching CoVid, and more importantly what are the treatments. Like everything else, thanks to the lawyers, judges and Big Pharma, we begin this book by saying in the American Tradition of CYA; This book is not providing you medical advice and it does not replace your seeing your doctor. Although, you may want to take this book with you when you see your doctor, since the reason so people are dying with CoVid-19 was first explained by myself in 1994, then 1995, published in a Cardiology Textbook in 1999, more published work in the early 2000's and finally discussed on 20/20 in 2004. Despite all of the presentations and publications patients have continued to be treated as if the only problem was the virus itself. The reason for so many deaths is the untreated INFLAMMATION and BLOOD CLOTTING occurring in response to the virus, particularly in people who have pre-existing health problems that predispose them to the inflammation and blood clotting killing them. Our research and more details about SARS-CoV-2 (aka CoVid-19) are discussed in the Unmasking CoViD books written by myself.



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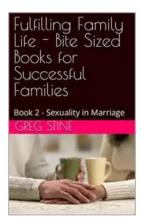
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